

POINTS FOR MOTHERS, WIVES, AND DAUGHTERS



PRACTICAL AND STYLISH.

A coat of this type is most useful, as well as stylish, as it can be worn either for traveling or as an evening wrap. If used for the latter, make of some delicate shade of broadcloth, trimming with narrow gold or silver braid. Its distinctive feature is the crossed waistcoat, which is trimmed with several rows of narrow braid.

This is also an ideal model for a coat of rajah or pongee silk.

Don'ts for Brides

Don't worry yourself thin and miserable over your trousseau. It is due to your future husband that you should look as happy and pretty as possible on your wedding day.

Don't leave the ordering of your frocks so late as to be needlessly worried the last few days. Your time and attention will be fully occupied with the hundred and one small matters that turn up at the last moment.

Don't sit up "till any hour of the night" the day before the wedding. Try to go to bed in really good time, so that you may be as fresh as possible in the morning.

Don't, in the hurry and bustle of preparation the day before, neglect to eat proper meals. Such a proceeding is apt to result in a headache next day.

Don't eat indigestible food. The inevitable excitement is apt to upset even the strongest. So there is need to be extra careful beforehand.

Don't persuade yourself beforehand that you are going to look your plainest, or that there is sure to be a wrinkle in the back of your wedding dress.

Don't forget to say some pleasant thing to each of your guests. It is pleasant to have a present appreciated, but quite the reverse to be thanked effusively for tea-pots when you have given salt-cellars.

Don't spend the first few minutes of the service in struggling with your gloves. It is a simple matter to undo the buttons before reaching the church, and this will enable you to slip them off easily and hand them to your chief bridesmaid without any fuss.

Don't murmur your vows inaudibly. Try to remember that you love the man who is going to be your husband and are proud of it.

Don't put off changing your frock till the last moment. It is just as important to put your traveling dress on well as the white satin you spent so much time over. A disheveled bride starting on her honeymoon is not an attractive sight.

HIS LOFTY IDEAL.

"The only objection I have against the young man, my dear child, is that he has no noble ambition—no high or worthy object in life."
"Oh, papa, how can you say so? He wants me!"—Illustrated Bits.

Hair Health



Miss Grace Eichmann.
RESTORES your HAIR to its NATURAL COLOR.

"I had been troubled with dandruff a long time. After using one bottle of Hair-Health I found the dandruff gone and my hair, which was two-thirds gray (I am 48 years old), restored to its natural auburn color."—GRACE EICHMANN, La Crosse, Wis.

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Philo-Hay Spec. Co. Newark, N. J.
50c AT DRUGGISTS.

TEETHING BABIES SELDOM ILL IF THEY ARE FED RIGHT

Inexperienced Mothers Often Make the Mistake of Forcing Infants to Eat More Than Needed.

Every young mother dreads the beginning of teething in her baby, and many, I am sorry to say, have heard such tales of the ills which babies may have at this time that the parents are more or less panic-stricken. Let me say right here that many of these are caused by improper feeding, and if the nourishment is judiciously administered and baby's digestive organs taken into consideration, there will be fewer cases of increased temperature and fretfulness. It is perfectly true that babies are more liable to certain ailments at this time, but knowing this, sickness can be guarded against and the general health kept to concert pitch.

As keeping him strong is, if possible, more than ever important during teething, I wish to say a few words as to his care. Let his feeding be regular, but never force him to take food if he does not want it. The whole delicate system feels the effect of the first teeth trying to push through the gums. The digestive organs are not always ready to work. In other words, baby's stomach may not always feel up to digesting, and forcing it, by insisting upon feeding, is an error of young and inexperienced mothers. The indigestion and nausea that result from such action send up baby's temperature, and the mother says he is sick. So he is, but mistaken kindness has done it. Much of the so-called "stomach trouble" would be avoided by allowing an infant to go without one, or even two, bottles if so inclined. As a rule, however, an infant will not entirely refuse food, but only declines to take the usual quantity.

When First Tooth Comes.

When baby first begins to cut his teeth you will of course especially watch the effect of his food upon him. Should there be indications of indigestion, and the infant is bottle fed, take out one ounce, or even two, of the regular food and substitute the same quantity of boiled water. This will make it more easy of digestion. If nursing, just before give an ounce of water boiled and cooled, then feed a little shorter time than formerly. Nausea, as I have said, is likely to result only when the food is actually forced down his throat. Should it be recurring persistently, however, try peptonizing the milk for a few days, but if you will just keep his stomach well you will have very little trouble during the months of teething. Let nothing interfere with baby's being taken out every day in fine weather, and his raps should be regular. It is important that he should sleep well, and if at night he is restless a warm sponge bath may be quieting. If there is any rise of temperature at night put a tablespoonful of alcohol (pure) into a basin of warm water, use for bathing. A teaspoonful of bicarbonate of soda as cooling as the alcohol, and may be used instead. It is less expensive. If at any time the gums appear to be very much swollen and inflamed and the baby frets, nothing will so well as to have a physician look at the mouth. Lancing may be necessary, a most simple operation, taking but a moment, that brings immediate and lasting relief.

Teething is likely to begin any time during the fifth month, and a greater flow of saliva is a symptom. You will notice, too, that baby will try harder than ever to get his whole fist or arm into his mouth. Now, too, if he has not had the thumb-sucking habit before he will almost certainly contract it, and you must try to prevent.

Prevent Thumb Sucking.

I am going to digress from teething a moment to speak of thumb sucking. It is such a common mistake of you mothers to think that this is a trifling and harmless thing for a baby to do. It will spoil the shape of the thumb by making it longer, and it also affects the shape of the mouth. Besides, this is none too good for the stomach, for constant suction will fill the little stomach with wind and indigestion, and possibly vomiting after food will result. I want to repeat—don't let your baby ever suck his thumb. At the first inclination try to stop it. Two old-fashioned ways of doing this that I have not seen improved upon consist of tying a piece of card board over the arm at the elbow so that there can be no bend. The other way is to dip the end of the thumb into a solution of quinine or alcohol. If baby repeatedly gets a bitter taste from his finger he will stop sucking it. But to go back to the teeth. There are twenty in the first set, and the two

lower ones are usually the first to come. Then come the two upper front. From the beginning of their trying to get through baby will want something to bite on, and I am not one of those who thinks an ivory ring is harmful. Some persons do, you know, but unless bitten on so constantly as to produce inflammation of the gums I have never known any good reason why baby should not have the relief that one affords.

The question as to whether an infant when teething may have a bit of ice to suck I usually answer in the affirmative, if you can be sure the ice is pure. The cold is so good for swollen and fevered gums. But you must be sure that the ice is pure and that baby does not swallow it whole. At this season you can make your own ice by boiling water and putting it out to freeze, covering the vessel. In giving it to the baby, hold one part yourself in a napkin.

Six Teeth at Twelve Months.

After the first four teeth two more upper ones are likely to come, then the two corresponding lower ones, and from then on until at twelve months he should have six, and at the eighteenth month twelve. It is during the cutting of the double ones, later, that trouble is most apt to come, but even this may be avoided by careful feeding. If at any time, however, there are intestinal disturbances, it should not be allowed to continue, but a physician should see the baby. Otherwise dysentery may result.

Enlarged glands sometimes come with cutting teeth, and the sides of the neck will be swollen. This may not even cause discomfort to the baby, and will disappear of itself, but should the swelling continue and grow hard a doctor will be needed, for the trouble can develop into pus and become serious.

From the appearance of the first tooth, if you wish your baby to have good ones in after life, you must take regular and constant care of them. Twice a day or more wash out the mouth with a solution of boric acid on a bit of muslin. Continue this until there are six teeth, and then use a soft brush. The second teeth will not be strong and white if the first ones are not.

A Coty Drawing Room

"What a delightful room!" I exclaimed as a newly-married friend of mine threw open a door with a proud flourish and pushed me into her drawing room.

Perhaps its chief charm lay in its absolute freshness, and dainty but not wheedling or too delicate coloring.

The walls, to begin with, were papered with a white paper which had a narrow stripe something like old-fashioned watered silk, running down it. This formed an excellent background for the old chintz-covered furniture which the room contained, with a wreath of garlands and roses, matching the chintz in tone, wreathing the top.

The woodwork was painted white as well, and the ceiling with its pretty tracery of wood moulding was papered with ceiling paper.

As the room had a north aspect, and the owner of it contemplated spending many cozy winter afternoons and evenings in it, she thought that the absolute whiteness of the walls might give it a somewhat chilly look; so to temper this she chose a velvet pile carpet and silk damask curtains of soft colors, so that that harmonized beautifully with the rest of the room.

There were comfy chairs of all shapes and sizes scattered about, besides a Davenport and a "back toaster," an old English model covered with a delightful old-world pattern of the chintz. Repeatingly I looked at my friend.

"Surely all that chintz is very extravagant," I began; "especially if you are using it to cover up expensive tapestry or brocade?"

"My dear girl," she said, "there's no tapestry or brocade hidden away; the chairs are just in their first cotton covers as they came from the factory."

"Of course," I answered, "I love chintz and chintz-covered things. I'll always be so that's why I did not throw away money on expensive brocade that would never show. Of course, chintz is very extravagant in one sense, because to look really well it must always be the best of its kind, and, twice-yearly visit to the cleaners does run away with a lot of money."

"But there is this to be said in its favor, having a shiny surface it doesn't soil quite as quickly as most washing things, and although it costs a lot of money to glaze, or clean as they call it, it really repays one when it's done for the money that has been spent upon it."



CARRIAGE OR EVENING WRAP.

The sketch shows a smart model for a loose coat, the original garment being of cream white broadcloth trimmed with satin bands and buttons with silk cord loops. The revers collar was of black velvet, finished with a stitched band about the edge, and a small velvet and lace flaring cuff section was introduced into the lower part of the sleeve.

The Husband's Jokes

If you want to help the man you are going to marry to be strong and true, show him that you believe he has every good quality. You will raise his own self-respect and bring him to the level you tell him he occupies.

And don't make the mistake of thinking it is all going to be paradise. You are going to marry a man who will come home tired, cross, and fagged, and he won't find relief for all his trials in a caress and a few tender words, as he did before marriage, when they were more of a novelty. He would rather have his dinner, though he may not confess it. When he has been fed and comforted, however, he will be ready for this tenderness, and the fact that he did not feel demonstrative when his stomach was empty will be no sign that he is not still in love, says Woman's Life.

Believe in the man you take as your life's partner; be gentle with him, don't contradict him when he is tired; let him think he is having his own way in his own house, feed him with what he likes, and laugh at his jokes. Herein lies the secret of a happy home.

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Choice of these Elegant Machines, all warranted for five years.

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FOR A FINE
CECILIAN
PIANO-PLAYER

An older model, to be sure, but one that has given and will continue to give satisfaction.

FITS ANY PIANO

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IS AN INEXPENSIVE AND MOST SATISFACTORY FUEL. It is especially adapted for use in ranges. Makes a quick and good fire for cooking. We'll supply you Coke.

25 Bushels Large Coke, delivered, \$2.50
40 Bushels Large Coke, delivered, \$3.75
40 Bushels Large Coke, delivered, \$3.75
25 Bushels Crushed Coke, delivered, \$2.50
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40 Bushels Crushed Coke, delivered, \$3.75

Washington Gaslight Co.
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Stoves and Ranges at Cut Prices.

We are reducing our big stock by the quickest and most efficacious method we know of—liberal price cutting. As we have all kinds for heating or cooking purposes—for coal, gas, or oil—and as all prices have been reduced, you couldn't help getting a bargain in this department if you tried. If you have an unsatisfactory range, you will find it cheaper to let us put in a good one for you—we guarantee satisfaction. If you find trouble in keeping the house warm, we have heaters of all sizes and styles which you can now buy at reduced prices and pay for in small amounts you will never miss.

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75c Watch Crystals, 10c. 10c
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ALL WORK GUARANTEED.
A. KAHN, 935 F St. N. W.

One pair of glasses to see near and far. SPECIAL \$1 price. 25% discount on oculist's prescriptions.

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SPECIAL AT THE A. & P. STORES.
Roast Beef, one-lb. cans, 10c each.
Corn Beef, one-lb. cans, 10c each.
Barlett Peas, per can, 10c each.
French-American Potted Beef, per can, 10c each.
French-American Soup, two sizes, 7c and 10c each.
The-Nectar Tea, 6c lb.
25c and 50c each.

Great Atlantic & Pacific Tea Co.
Main Store, Cor. 7th and E Sts.
Branches in All Parts of the City.
Stands in All Markets.

Woodward & Lothrop
New York—Washington—Paris.

A Special Remnant Day

PROGRESSIVE merchandising demands the absolute eviction of all goods, particularly wearables, in their respective seasons. Beauty and quality are not exempt. There is quite a number of just such things—outer and undergarments for women, girls, boys and little children—which we have marked at very low remnant prices for quick selling tomorrow. Most of them can be used for a good while to come.

Friday Bargain in Women's Trimmed Hats

A number of Trimmed Hats remaining in stock offered at a specially low price for clearance.

\$3.00 Each. Were \$8.00.
Also a lot of Untrimmed Hats, in various colors and shapes.

50c each. Were \$1.50 and \$2.
Second floor, Tenth street.

Friday Bargain in Infants' Long and Short Coats

A lot of Infants' Long and Short Coats, of cream bedford cord; turn-over collar and cape trimmed with braid.

\$3.50 Each. Value, \$5.00.
Also a lot of Children's Serge Coats, "3" length, made double-breasted style, with turn-over collar; red and dark blue.

Special Price, \$5.00 Each.
Third floor, Eleventh st.

Friday Bargain in Women's Knit Drawers

50 dozen pairs Women's Knit Drawers, made umbrella style and trimmed with lace; good weight for present wear.

25c a Pair. Regularly 35c.
And these remnants:

11 pairs Women's Jersey Ribbed Cotton Drawers, knee length, buttoned on side; size 8. Reduced from 30c to 15c pair.
25 Children's Shirts and Drawers, "summers" light and medium weights; to fit children from 3 to 6 years of age. Reduced from 25c and 35c to 15c garment. Main floor, F st.

Friday Bargain in Women's Shoes

A lot of Women's Demi-Calfskin Shoes, Blucher style, welt sole; sizes 4 to 7A—3 to 6B—2 1/2 to 6C—3, 3 1/2, 4 and 5D.

Also a lot of Dull Kidskin Shoes, Blucher style, sizes 4, 4 1/2, 5, 5 1/2, 6 and 7A—3 1/2, 4 1/2, 5 1/2, 6, 6 1/2 and 7A—4, 4 1/2, 5, 6, 6 1/2, and 7B—4, 5 and 5 1/2.

These are displayed on center tables.

\$2.50 a Pair. Values, \$3.00 and \$3.50.

And these remnants:

14 Women's Dongola Kidskin Button and Lace Shoes; sizes 4, 4 1/2, 5, 5 1/2, 6 and 7A—2 1/2 to 6C—3, 3 1/2, 4 and 5D. Reduced from \$2.00 and \$2.50 to \$1.50 pair.
38 Pairs Women's Patent Calfskin Lace and Button Shoes; sizes 4 to 7A—2, 4, 5, 6 and 7A—3 1/2, 4 1/2, 5 1/2, 6, 6 1/2 and 7D. Reduced from \$2.50 and \$3.00 to \$2.00 pair.
Third floor, Tenth st.

Friday Bargain in Outing Flannel Kimonos

A lot of Women's Outing Flannel Kimonos, white grounds, with pink, blue and lavender figured designs and border of same color. Very dainty and becoming garments.

\$1.50 Each. Value, \$1.75.
Third floor, Eleventh st.

Friday Bargain in Women's Cambric Drawers

A lot of Women's Cambric Drawers, made full and trimmed with full hemstitched ruffles.

35c Each. Value, 50c.
Also a lot of Lawn Slips, to wear under shirt waists, in pink and blue; large sizes.

35c Each. Value, 50c.
Third floor, Eleventh street.

Housefurnishing Dept.

2 "One-Minute" Coffee Pots, slightly damaged. Reduced from \$1.15 to 75c each.
1 Nickel-plated Coffee Pot, showpiece. Reduced from \$5.00 to \$2.00.
1 Nickel-plated Chafing Dish, showpiece. Reduced from \$5.00 to \$2.00.
1 Nickel-plated Baking Dish, showpiece. Reduced from \$5.00 to \$2.00.
1 Finished Steak Dish. Reduced from \$4.50 to \$2.00.
1 Brass Fire Screen, slightly damaged. Reduced from \$2.00 to \$1.00.
1 Bronze Fire Screen. Reduced from \$4.00 to \$2.00.
2 Enameled Ware Pitchers. Reduced from \$1.50 to 75c each.
12 Enameled Ware Jelly Molds. Reduced from 30c to 15c each.
1 Japanned Bread Box, dented. Reduced from 65c to 35c.
1 Japanned Flour Can. Dented. Reduced from 50c to 25c.
1 Copper Wash Boiler. Reduced from \$2.50 to \$2.25.
1 Sheet Iron Gas Oven, dented. Reduced from \$2.50 to \$2.00.
6 "Yankee" Gas Heaters (to fit on burner). Reduced from \$1.00 to 50c each.
1 5-foot Step Ladder, damaged. Reduced from \$1.50 to \$1.00.
2 Bed Lotion Washboards. Reduced from 25c to 15c each.
30 Wire Coat Hangers. Reduced from 2 for 25c to 5 for 50c.
6 cans Silver Polish. Reduced from 25c to 15c can.
Fifth floor, Eleventh st.

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800 Yards Silk Remnants

In Fancy Weaves and Plain Colors **Choice at 39c yd.** Former Prices 59c to \$1.25

Included in this lot are Fancy Louisines, Taffetas and Messalines, Plain-colored Messalines, Peau de Cygne Louisines and Taffetas and some choice pieces of Black Liberty Satin and Peau de Cygne. Lengths run from 1 to 10 yards. We will sell them at 39c in order to make way for full pieces. A splendid chance—better take advantage of it.

Remnants Black Goods, 39c

Former prices, 50c to \$1.50.

Including WOOLEN SERGES, CHEVIOTS PANAMAS, VOILES, ALBATROSS, BATISTES, NUN'S VEILING, MOHAIRS, HENRIETTES AND MANY FANCY WEAVES. Lengths from 1 1/2 to 7 yards. 38 to 46 inches wide.

Remnants of Suitings, 98c

Former prices, \$1.25 to \$1.75.

Kinds: ALL-WOOL BROADCLOTH, COVERTS, VENETIANS, FANCY MIXTURES, HOMESPUNS AND TOURIST CLOTHS.

29c Imported White Madras, 19c

Yarn mercerized; permanent high finish. The kind so much used for tailored shirt waists and children's dresses. 50 different patterns to select from.

Remnants

8c and 10c

Outing Flannel

53c

Besides, there is a number of full pieces in light and dark colors.

Boys' Suits

Were \$3.00

At \$1.00

Of fancy cassimere and navy blue cheviot, in Norfolk, Russians and three-piece suits. Sizes 3, 4 and 5 only.